



Spectrum



RI District 3291

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Weekly bulletin of Rotary Club of Salt Lake Metropolitan Kolkata

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SECRETARY KUSUM CHAMARIA

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CLUB NO 78956

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Global Grant 1991152

**“Matri Raksha” Fighting Anemia in Women:
8th Health screening and treatment Camp by Rotary Club of
Salt Lake Metropolitan on 25th September 2022”**

Past President Dr Aruna Tantia, shares

Fighting Anaemia in Women



Our 8th camp of “Matri Raksha” under Global Grant 1991152 was held on 25th September, 2022 at Bamungachi, Duttapukur in association with Rotary Club of Salt Lake City Calcutta and their RCC. Total 69 women got registered and each women underwent Diabetes, Hypertension and Anemia screening and were seen by PP Dr. Chitra Ray, Dr. Debosmita Mukhopadhyay and Dr. Sudha Chowdhary.



Out of them 44 patients (64%) had hemoglobin level below 12 mg. /dl and 25 (36%) had above 12 mg. /dl. Around 16 patients (23%) were suffering from Diabetes (DM), 18 patients (26%) were Hypertensive (HTN).



Patients having hemoglobin below 12 mg./dl received free Iron tablets for 2 & 3 months as advised and few received Calcium tablets as per requirement along with Anemia booklet with iron rich food recipes described by our doctors.



The camp was managed by our club secretary Kusum Chamaria, Dr. Chitra Ray in gracious presence of our AG Amit Goswami and Rtn. Anupam, members of RC Salt Lake City Calcutta with technical support by two nursing staffs and four volunteers.



Each doctors, members and volunteers were treated with yummy lunch arranged by RCC of Salt Lake City Calcutta.



We meet calendar months' 2nd & 4th Saturdays at GPT Group, JC 25, Salt Lake, Kolkata 700098 at 6.00 PM

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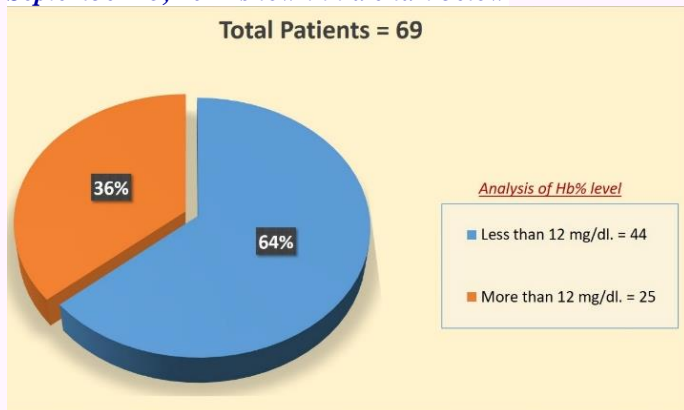
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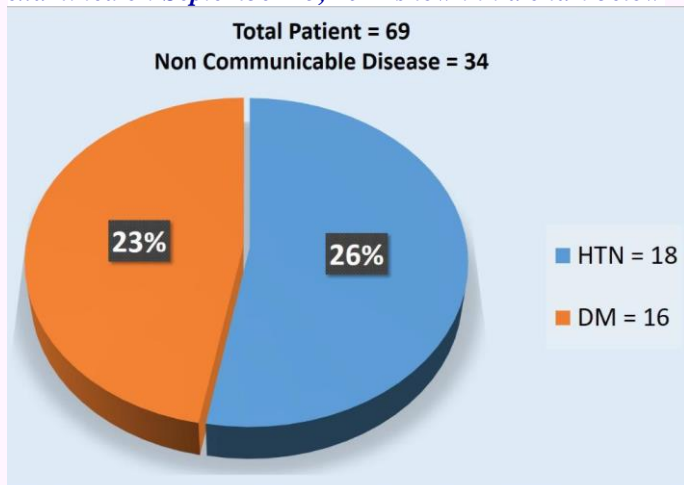
PP Kusum Chamaria, on behalf of RCSLMK, handed over hygienically packed cakes, confectioneries and snacks in large quantities to the supporting local RCC of Rotary Salt Lake City for distribution among local kids prior to upcoming Durga Puja to be organized at the RCC premises from October 1, 2022.



Level of Hemoglobin among women examined on September 25, 2022 shown in a chart below



Breakup of non-communicable diseases among women examined on September 25, 2022 shown in a chart below



Investiture Ceremony of the Interact Club of Delhi Public School, Newtown

Debjani Chatterjee, Interact Coordinator of Interact club of DPS Newtown shares



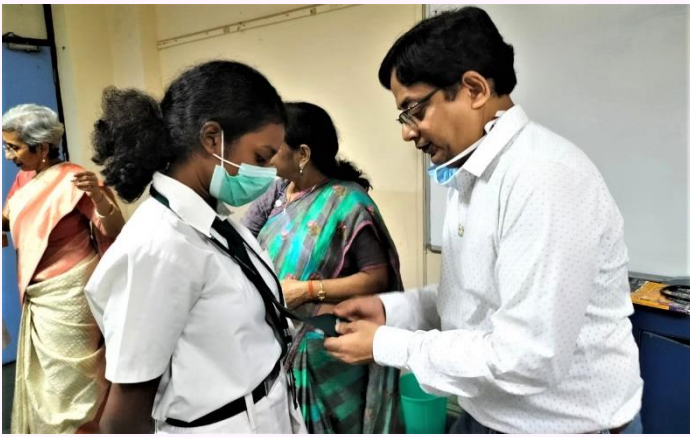
In the morning of 27th September, Rotarian Dr Rajesh Goyal and Rotarian Kusum Chamaria graced the Investiture Ceremony of the Interact Club of DPS New Town in the AV room of the school. The Principal of the school, Mrs Sonali Sen and the School Interact Coordinator Debjani Chatterjee were present on the occasion. There were 40 Interactors present among whom 9 received badges for office bearers.



RCSLMK Past President Kusum, Dr Rajesh and the school principal Sonali Sen decorated them with badges



The event began with an interactive session on the theme of "How to generate awareness of Anemia." Dr Goel patiently answered several queries from the Interactors on the causes, symptoms and cure of this medical condition. He informed them of the Rotary Club's Matri Raksha initiative.



It was noted that Interactors had participated in one of these camps last year and the Principal expressed her willingness to allow Interactors to volunteer and experience medical camps in future.



The badges were given away to the 5 office bearers and the 4 Directors. Miss Souryani Dutta of class 11 was badged the President of the Club. The students were overwhelmed and grateful at this gesture of the Rotary Club of Salt Lake Metropolitan Kolkata.



Rtn Kusum Chamaria, past President RCSLMK adds
Special commends should go to Spectrum editor Rtn Dr. Rajesh Goel for sharing the best practices for containing Anemia problem and other health related issues with the students through an interactive session held on the occasion of investiture of the Interact club of DPS New Town. The students were very delighted and appreciated the way Dr Goel shared his wisdom. School Principal Mrs Sonali Sen once, in her speech before the Interactors, in an investiture, shared that it's amazing to observe the motto of DPS New Town, "Service Before Self", which is so close and similar to the motto of Rotary International, which is, "Service Above Self".



Rotary President Jennifer Jones announces US\$150 million pledge toward polio eradication By Ryan Hyland



Rotary International President Jennifer Jones appeared on the main stage at the star-studded Global Citizen Festival on 24 September to highlight Rotary's commitment to eradicating polio and announce an additional US\$150 million pledge toward that end.

Jones, who spoke in front of 60,000 people in New York City and tens of thousands more online and on TV, noted the state of emergency that the governor of New York state recently declared to combat a resurgence of polio in the region.



Photo by David Alexander/ Shot on an iPhone 12pro

Jones stressed that polio is preventable through vaccines and that wild poliovirus is endemic in only two countries, Afghanistan and Pakistan. Although female vaccinators are

critical to building relationships with mothers and reaching children in these areas, they sometimes can face harassment or even attacks.

In Pakistan, "frontline female health workers put themselves at risk every day," Jones said. "They are committed, even with obstacles, to reaching every last child with polio vaccines." The vaccination program works with the local police and government to ensure the safety of these health workers.

Jones talked about the effect of polio vaccinations in some countries being disrupted by COVID-19. She pointed out that in 2021, about 25 million children went without critical immunizations. "The world has beaten back this disease significantly, but we must redouble efforts," Jones said.

The additional funding Jones announced will go to the Global Polio Eradication Initiative, which said in August that it was seeking new funding commitments for its 2022-26 polio eradication strategy. "We want this to be the start of a massive effort to reach the initiative's US\$4.8 billion funding goal," Jones said.

Rotary members have been at the center of the worldwide effort to eradicate polio for more than three decades. Rotary launched PolioPlus in 1985 and helped found the GPEI in 1988, when there were an estimated 350,000 polio cases across more than 125 countries in one year. Since then, cases have plummeted more than 99.9%, sparing more than 20 million people from paralysis. Rotary has helped immunize nearly 3 billion children against polio, contributed more than US\$2.6 billion to global polio eradication efforts, and helped secure more than US\$10 billion from donor governments.

The Global Citizen Festival, an annual music celebration, urges world leaders to end extreme poverty, take action on climate change, empower girls and women, and dismantle systematic barriers. This year's Global Citizen Festival, which took place in New York City and in Accra, Ghana, called on global leaders to invest US\$600 million into the future of women and girls, narrow the US\$10 billion climate change shortfall, and provide US\$500 million to help farmers in Africa to respond to the global hunger crisis.

The New York component, hosted by actor and Global Citizen ambassador Priyanka Chopra Jonas, included performances from Metallica, Charlie Puth, Jonas Brothers, Måneskin, Mariah Carey, Mickey Guyton, Rosalía, Angelique Kidjo, and Billy Porter. Presenters included celebrities Amber Ruffin, Bill Nye, Connie Britton, Katie Couric, Tamron Hall, Katie Holmes, and more.

Global Citizen says that since its first concert in 2012, more than US\$41 billion in funding has been dispersed that's affected the lives of more than 1.1 billion people.

Jones urged people to get involved: "Global citizens, use your voice - help us call on governments, businesses, and other leaders to join us in pledging ambitiously at the World Health Summit in October to end polio forever."

Rotary has worked with Global Citizen for a more than decade, primarily regarding the effort to eradicate polio worldwide. At last year's event in Paris, France, Jones announced \$97 million pledge for sustainable project. At the 2012 concert in New York City, Rotary General Secretary and CEO John Hewko announced Rotary's \$75 million commitment to polio eradication. Rotary and Global Citizen have also connected at Rotary International Conventions, the Commonwealth Heads of Governments Meetings, polio advocacy events, and polio funding announcements.

Top photo courtesy of Getty Images

Brief outline of the Global Grant 1991152

Purpose: 'Fight against Anemia in Women'

Objectives: Treat women of Anemia by screening and treatment and prevent by educating them

Title: 'Matri-Raksha' - protection of mothers

Scope of work: Provide screening camps, minor and major surgeries, medicines, awareness training, healthcare professional training and providing diagnostic equipment at community health centers

Coverage: Both districts of 24 Parganas, West Bengal, India

Sponsors: Rotary clubs of Salt Lake Metropolitan Kolkata of District 3291, India and Nidau-Biel, Biel-Bienne, Biel-Butteneberg of District 1990, Switzerland:

Grant Partners: Rotary Foundation India, the Rotary Foundation of Rotary International,

Associates: Related Government and civic bodies, NGO's

QUOTE

"The beautiful thing about learning is nobody can take it away from you." B. B. King

UNWIND

From Washington DC Airport ticket agent:

A New Jersey Congressman (John Adler) called to make reservations, 'I want to go from Chicago to Rhino, New York.' 'I was at a loss for words. Finally, I said, 'Are you sure that's the name of the town?'

"Yes, what flights do you have?" replied the man.

After some searching, I came back with, "I'm sorry, sir, I've looked up every airport code in the country and can't find a rhino anywhere."

"The man retorted, "Oh, don't be silly! Everyone knows where it is. Check your map!"

So I scoured a map of the state of New York and finally offered, "You don't mean Buffalo, do you?"

The reply? "Whatever! I knew it was a big animal."

Now you know why the Government is in the shape it's in!

**Could ANYONE be this DUMB*?*

**YES, THEY WALK AMONG US, ARE IN POLITICS, AND THEY CONTINUE TO BREED*.*

Birthdays of members in October 2022

Sanjay Agarwal on October 5, 2022

President Elect Ansul Agrawal on October 7, 2022

Past President Dr Chitra Ray on October 15, 2022

October is Economic & Community Development month

TAILPIECE

"Last month, Australia passed a law to cut emissions 43% by 2030. Now, the Aussie state with one of the most carbon intensive energy supplies in the world has made a plan to completely move away from coal. We need to see action like this around the world!"

Albert Arnold Gore Jr. (Al Gore), an American politician, businessman, and environmentalist and the 45th Vice President of the United States twitted on October 1, 2022